

## **Potentials and pitfalls of Stewardship interventions in evidence-informed policy making - Interactive workshop**

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### Background

The Stewardship approach promotes local stakeholders to actively adjust interventions to the local context and needs and also to enhance equity. It supports evidence-informed policy making (EIPM) by equally including all relevant stakeholders such as different societal sectors, administrators, politicians, researchers, and the policy target groups. This kind of comprehensive approach poses several challenges.

### Aim

The aim of the workshop is to use a real policy development study as a case and interactively discuss and debate the challenges, potentials and options.

### Case

As a part of the 'Research into Policy to enhance Physical Activity' project ([www.repopa.eu](http://www.repopa.eu)) the Stewardship approach was used to guide physical activity policy interventions in Denmark, Italy and the Netherlands. The aim was to find out if Stewardship interventions increased and improved EIPM in different contexts. The six interventions among policy making teams with pre-post and 12 months follow-up were tailored to the mapped needs of each context in terms of intervention contents and format. However, common measures on use of research and other kinds of knowledge such as target group characteristics and values, facilitators and barriers for cross-sector and stakeholder involvement, and influence of these in policy making decisions were used.

### Workshop structure

To kick off the workshop, participants will be asked to take part in an exercise on their perceived challenges for Stewardship interventions, using an interactive audience response tool, which produces the exercise results immediately (Loncarevic N). After that preliminary results with the Stewardship interventions run in the three countries as a part of the REPOPA project will be presented (Radl-Karimi C). The workshop continues to discuss with the audience (Aro AR) the potentials and pitfalls of cross-country Stewardship policy interventions. A take-home message will be summarized in the end of the workshop.